



1. What would you do if you were overweight?

- A, I wouldn't do anything, I feel all right being plump. **6%**
- B, I would eat less. **24%**
- C, I would eat healthier food and I would do sports. **70%**

2. You dine out with your family. You would like to eat hamburger, but your family suggests healthy food.

- A, I choose to eat a hamburger. **18%**
- B, Now I eat a hamburger, next time I will eat healthy food. **26%**
- C, I accept what my parents said. **56%**

3. What would you do if your teeth were getting worse because of the lots of sweets?

- A, It's not a problem, I will lose them all one day. **4%**
- B, From this time I will clean my teeth regularly. **22%**
- C, Besides cleaning my teeth I will eat less sweets. **74%**

4. What would you do if the doctor said you should eat fruit and vegetables because of your illness, but you don't like eating them?

- A, I wouldn't change my eating habits. **8%**
- B, I would eat vitamin instead of fruit and vegetables. **20%**
- C, I would try to eat fruit and vegetables. **72%**

5. What do you do if you start to feel hungry in the break?

- A, I buy a packet of crisps from the buffet. **12%**
- B, I try to survive till the lunch. **68%**
- C, I eat a sandwich or an apple, because I always take them with me from home. **20%**

Thank you for taking part in this project and supporting our work!